

## Forklift Training Programs Kingston

Forklift Training Programs Kingston - If you are looking for work as a forklift operator, our regulatory-compliant lift truck training programs provide excellent instruction in many types and styles of forklifts, lessons on pre-shift inspection, fuel kinds and dealing with fuels, and safe operation of a forklift. Hands-on, practical training assists individuals participating in obtaining essential operational skills. Program content covers existing rules governing the use of forklifts. Our proven forklift courses are designed to provide training on these types of trucks: powered pallet truck, narrow aisle forklift and counterbalanced forklift.

### How to Handle Loads Safely

While the forklift is in operation, do not raise or lower the forks. Loads must not extend higher than the backrest. This is due to the risk of the load sliding back towards the operator. Inspect for overhead obstructions and ensure there is enough clearance prior to raising a load. Stay away from overhead power lines. Once the load is raised straight up, tilt it slightly back.

While the load is raised the lift truck will be less stable. Make certain that no pedestrians cross under the elevated fork. The operator must not leave the forklift when the load is raised.

The forks must be level when handling pallets, and high enough to extend all the way into and underneath the load. The fork's width should provide even weight distribution.

Set the brakes and chock the wheels before loading and unloading the truck. The floors must be strong enough to support the weight of both the load and the forklift. Fixed jacks could be installed to support a semi-trailer which is not attached to a tractor. The entrance door height should clear the height of the forklift by a minimum of 5 cm. Edges of docks, rail cars and ramps must be marked and avoid them.

If there is not proper ventilation into the forklift, do not stay in there for long periods. The trucks interior should have enough lighting and be free of obstructions. Inspect the forklift cab's flooring for holes. The installation of material which are non-slip on the floor will help avoid slipping. Clear whichever obstacles from docks and dockplates and make certain surfaces are not wet or oily.

Lift trucks should not be utilized to tow or push other forklifts.